

# 100 High Frequency Words

In no particular order, here are the first 100 HFW/Tricky words that many educators use for reading and spelling in Reception and Year 1.

- |           |            |           |              |
|-----------|------------|-----------|--------------|
| 1. the    | 26. her    | 51. very  | 76. time     |
| 2. we     | 27. dad    | 52. house | 77. but      |
| 3. mum    | 28. got    | 53. on    | 78. go       |
| 4. get    | 29. I      | 54. be    | 79. from     |
| 5. and    | 30. what   | 55. look  | 80. I'm      |
| 6. can    | 31. big    | 56. old   | 81. that     |
| 7. one    | 32. their  | 57. she   | 82. little   |
| 8. just   | 33. of     | 58. like  | 83. children |
| 9. a      | 34. there  | 59. don't | 84. if       |
| 10. are   | 35. when   | 60. too   | 85. with     |
| 11. them  | 36. people | 61. is    | 86. as       |
| 12. now   | 37. it     | 62. some  | 87. him      |
| 13. to    | 38. out    | 63. come  | 88. help     |
| 14. up    | 39. it's   | 64. by    | 89. all      |
| 15. do    | 40. your   | 65. for   | 90. no       |
| 16. came  | 41. was    | 66. not   | 91. Mr       |
| 17. said  | 42. this   | 67. will  | 92. Mrs      |
| 18. had   | 43. see    | 68. day   | 93. an       |
| 19. me    | 44. put    | 69. at    | 94. saw      |
| 20. oh    | 45. you    | 70. then  | 95. off      |
| 21. in    | 46. have   | 71. into  | 96. called   |
| 22. my    | 47. looked | 72. made  | 97. so       |
| 23. down  | 48. could  | 73. his   | 98. make     |
| 24. about | 49. they   | 74. were  | 99. asked    |
| 25. he    | 50. went   | 75. back  | 100. here    |