whole schoo meals		Dairy Free Menu April - October 2024		
		Week One	Week Two	Week Three
RE	AL FOOD FOR REAL ENERGY	15/04, 06/05, 03/06, 24/07, 15/07,07/09, 23/09, 14/10	22/04, 13/05, 10/06, 01/07, 09/09, 30/09, 21/10	29/04, 20/05, 17/06, 08/07, 16/09, 07/10
Monday	Option 1 Option 2	Battered Chicken Steak Veggie Nuggets	*Margherita Pizza 🥮 Vegetable Curry Pasty 🌚	Tomato Pasta 🚳
	served with	Potato Wedges Baked Beans & Peas	Herby Diced Potates Baked Beans & Peas	Garlic Bread Peas & Sweetcorn
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans
	Dessert	Frozen Smoothie Fresh Fruit/Jelly	Frozen Smoothie Fresh Fruit/Jelly	Frozen Smoothie Fresh Fruit/Jelly
Tuesday	Option 1 Option 2	Sticky pork and Pineapple Pitta *Mexican Bean Pittas	Beef Bolognese 🚱	Chicken Tacos *Veggie Tacos
	served with	Rice Sweetcorn Salad	Pasta Carrots & Green Beans	Rice Carrots & Sweetcorn
	Option 3	*Jacket Potato with Cheese & Beans 🅮	*Jacket Potato with Cheese & Beans 🥮	*Jacket Potato with Cheese & Beans
	Dessert	Iced Cake Fresh Fruit/Jelly	Shortbread Fresh Fruit/Jelly	Chocolate Brownie Fresh Fruit/Jelly
Wednesday	Option 1 Option 2	Roast Gammon & Gravy *Cheesy Leek & Potato Pie	Roast Chicken with Stuffing & Gravy Vegetable & Chickpea Tart	Sausages with Yorkshire Pud & Gravy Quorn Sausage & Gravy
	served with	Roast Potatoes Local Seasonal Vegetables & Cooks Choice	Roast Potatoes Local Seasonal Vegetables & Cooks Choice	Roast Potatoes Local Seasonal Vegetables & Cooks Choice
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans
	Dessert	Carrot Cake Fresh Fruit/Jelly	Lemon Cake Fresh Fruit/Jelly	Cookie Fresh Fruit/Jelly
Thursday	Option 1 Option 2	*Pizza Pinwheel 🍪 Vegetable Pasta Bake 🚱	Sausage Roll Veggie Sausage Roll	Beef Meatballs Meatless Meatballs
	served with	Crushed new Potatoes Coleslaw & Cucumber	Pasta Salad Coleslaw & Mixed Salad	Pasta Broccoli & Mixed Vegetables
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans 🛛 🤒	*Jacket Potato with Cheese & Beans
	Dessert	Oat Cookie Fresh Fruit/Jelly	Cornflake Tart Fresh Fruit/Jelly	Golden Krispie Cake Fresh Fruit/Jelly
Friday	Option 1 Option 2	Fish Fingers 🔷 *Cheese Puff	Fish Fingers <	Fish Fingers 🔷 *Pizza Whirl 🚳
	served with	Chips/Pasta Baked Beans & Sweetcorn	Chips/Pasta Baked Beans & Sweetcorn	Chips/Pasta Baked Beans & Sweetcorn
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans 🛛 🥮	*Jacket Potato with Cheese & Beans
	Dessert	Cooks Choice of Dessert Fresh Fruit/Jelly	Cooks Choice of Dessert Fresh Fruit/Jelly	Cooks Choice of Dessert Fresh Fruit/Jelly
D'A	Suitable for Vegetarians		All items are subject to availability	
			Bread , Salad and fresh drinking water are available with every meal	
VEGAN	Suitable for Vegans & Vegetarians		All Items with * can be made Vegan Friendly	
	Contains Fish		www.wholeschoolmeals.co.uk	
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