

<div><div><div>whole SCHOOL meals</div><div>REAL FOOD FOR REAL ENERGY</div></div></div>		Menu - April - October 2024			
		Week One	Week Two	Week Three	
		15/04, 06/05, 03/06, 24/07, 15/07,07/09, 23/09, 14/10	22/04, 13/05, 10/06, 01/07, 09/09, 30/09, 21/10	29/04, 20/05, 17/06, 08/07, 16/09, 07/10	
Monday	Option 1	Battered Chicken Steak	Margherita Pizza	Tomato Pasta	
	Option 2	Veggie Nuggets	Vegetable Curry Pasty	Roasted Vegetable Frittata & Pasta	
	served with	Potato Wedges Baked Beans & Peas	Herby Diced Potates Baked Beans & Peas	Garlic Bread Peas & Sweetcorn	
	Option 3	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	
	Dessert	Frozen Dessert Fresh Fruit/Jelly	Frozen Dessert Fresh Fruit/Jelly	Frozen Dessert Fresh Fruit/Jelly	
	Tuesday	Option 1	Sticky pork and Pineapple Pitta	Beef Bolognese	Chicken Tacos
		Option 2	*Mexican Bean Pittas	Veggie Bolognese	*Veggie Tacos
		served with	Rice Sweetcorn Salad	Pasta Carrots & Green Beans	Rice Carrots & Sweetcorn
Option 3		*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	
	Dessert	Iced Cake Fresh Fruit/Jelly	Shortbread Fresh Fruit/Jelly	Chocolate Brownie Fresh Fruit/Jelly	
	Wednesday	Option 1	Roast Gammon & Gravy	Roast Chicken with Stuffing & Gravy	Sausages with Yorkshire Pud & Gravy
		Option 2	*Cheesy Leek & Potato Pie	Vegetable & Chickpea Tart	Quorn Sausage & Gravy
		served with	Roast Potatoes Local Seasonal Vegetables & Cooks Choice	Roast Potatoes Local Seasonal Vegetables & Cooks Choice	Roast Potatoes Local Seasonal Vegetables & Cooks Choice
Option 3		*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	
	Dessert	Carrot Cake Fresh Fruit/Jelly	Lemon Cake Fresh Fruit/Jelly	Cookie Fresh Fruit/Jelly	
	Thursday	Option 1	*Pizza Pinwheel	Sausage Roll	Beef Meatballs
		Option 2	Vegetable Pasta Bake	Veggie Sausage Roll	Meatless Meatballs
		served with	Crushed new Potatoes Coleslaw & Cucumber	Pasta Salad Coleslaw & Mixed Salad	Pasta Broccoli & Mixed Vegetables
Option 3		*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	
	Dessert	Oat Cookie Fresh Fruit/Jelly	Cornflake Tart Fresh Fruit/Jelly	Golden Krispie Cake Fresh Fruit/Jelly	
	Friday	Option 1	Fish Fingers	Fish Fingers	Fish Fingers
		Option 2	*Cheese Puff	Veggie Nuggets	*Pizza Whirl
		served with	Chips/Pasta Baked Beans & Sweetcorn	Chips/Pasta Baked Beans & Sweetcorn	Chips/Pasta Baked Beans & Sweetcorn
Option 3		*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	*Jacket Potato with Cheese & Beans	
	Dessert	Cooks Choice of Dessert Fresh Fruit/Jelly	Cooks Choice of Dessert Fresh Fruit/Jelly	Cooks Choice of Dessert Fresh Fruit/Jelly	
	<div><div><div>VEGETARIAN</div><div>Suitable for Vegetarians</div></div><div><div>VEGAN</div><div>Suitable for Vegans &amp; Vegetarians</div></div><div><div></div><div>Contains Fish</div></div></div>		<div>All items are subject to availability</div> <div>Bread , Salad and fresh drinking water are available with every meal</div> <div>All Items with * can be made Vegan Friendly</div> <div><a href="http://www.wholeschoolmeals.co.uk">www.wholeschoolmeals.co.uk</a></div>		
	<div>Whole School Meals CIC – Company Number: 5721609 – Registered address: Almond House, Betteshanger Road, Betteshanger, Deal CT14 0EN</div>				