

The Story of Abraham and Sarah

This week we will share another Bible story and will think about 'promises' that we make.

(Activities for learning are taken from resources usually used in school, produced from the Kent Agreed Syllabus for RE)

Promises

Have you ever made a promise to someone or maybe someone has promised you something?

"I promise I will tidy my room."

"I promise I will feed the dog."

"I promise you can have a treat for being good."

When we make a promise we really do mean we will do what we say. Keeping a promise is important because it means we can be **trusted**.



Do you remember the story of Noah's Ark that we shared last time? In the story God made a promise to all people that he would never again send a flood to cover the Earth. God's **promise** was shown by the rainbow he put in the sky.

Promises can be shown in other ways too.

Some people give rings when they promise to be together.



Groups such as Rainbow Guides wear a special badge to show the promise they have made.



The Story of Abraham and Sarah

You can find this story in the Old Testament part of the Bible. It is a story with a very special promise!

Crossroads Kids Club have a version of the story you can watch on YouTube:

<https://www.bing.com/videos/search?q=story+of+abraham+and+sarah+for+kids&qpvt=story+of+abraham+and+sarah+for+kids&view=detail&mid=99B4DA8201E28EBDE60F99B4DA8201E28EBDE60F&&FORM=VRD&AR&ru=%2Fvideos%2Fsearch%3Fq%3Dstory%2Bof%2Babraham%2Band%2Bsarah%2Bfor%2Bkids%26qpvt%3Dstory%2Bof%2Babraham%2Band%2Bsarah%2Bfor%2Bkids%26FORM%3DVDRE>

The story begins with an old couple, Abraham and Sarah. When I say they were old, I really do mean they were old- over 70 years old! Abraham and his wife Sarah wanted to have children but this just did not happen. How do you think they must have felt?

So imagine when God spoke to Abraham and told him that he would make him a promise- a promise that he would have lots of children - so many that it would be impossible to count them all!

God told Abraham to look up at all the stars in the sky and explained to him that the number of children he would have would be as many as the number of stars in the sky- in other words lots!



God wanted Abraham and Sarah to pack up all their belongings, leave their family and friends and travel to a new land called Canaan. It must have been very hard for them but they trusted in God so left everything behind and went to Canaan.

But after the move there was still no baby. Abraham and Sarah trusted that God would keep his promise but they were beginning to get a little sad and at times thought that it would be impossible to have a baby now because they were over 90 years old!

But God told Sarah that she would have a baby the next year. Sarah laughed because she thought she was way too old but guess what? The very next year Sarah did have a baby, a baby boy. They named him Issac which means 'laughter'.



And when Issac grew up he had children and their children had children and their children had children. So many children, just as God had promised!

Make a star promise

Make a star of your own to help you remember the promise that God gave to Abraham and Sarah that they would have as many children as there are stars in the sky.

Make a promise and write it on your star.

Think carefully- you need to keep your promise!



Decorate your star and put it up to remind you of the promise you have made.

Other activities you may want to try:



Try some star gazing.
How many stars can
you count?

Abraham and Sarah
lived in a tent. Make a
tent of your own.



Who is in your family?
Make a family tree.

The name Issac means
'laughter'. What does
your name mean?



