

## Wider Curriculum at All Souls' CEP

## Physical Education Vision

Our vision is to fulfil the entitlement of every child to an outstanding variety of teaching in Physical Education, that enables all individuals to become active and healthy in body and mind from a developmental age, thus providing them with the potential to lead active, healthy, and resilient lives. Through our comprehensive curriculum and additional extra curricula activities, we will strive to inspire a lifelong love of physical activity through promotion of competent physical literacy, fine and gross motor skills. We aim to instil beliefs of self-esteem and confidence, whilst incorporating our values of respect, thankfulness and friendship through collaborative activities and competitions. It is through working together, combining all these aspects that we will allow our pupils to succeed in becoming their best physical and mental self.

## **Key Principles**

All pupils will profit from an inclusive Physical Education curriculum tailored to enhance their physical, cognitive, and socio-emotional development.

Passion and high expectations of Physical Education modelled by staff, coaches, and pupils. Clear 'build on build' progression of skills from Foundation to Year 6, embedding knowledge in a broad range of physical activities.

Revisiting and building upon fundamental skills to ensure all pupils develop an exceptionally secure understanding of the sports and concepts taught.

Ensuring all pupils meet or exceed Government recommendations of 60 active minutes a day.

Regular opportunities for development of fundamental movement skills, including agility, balance and coordination.

Ensuring adaptations throughout all sports, allowing inclusivity for all.

Providing regular opportunities for all pupils to engage in competitive sports and activities. Enabling all pupils to cultivate best swimming techniques and water safety skills for life.

## Impact Criteria

Formative and summative assessment tracking show regular progression in learning. Progression of skills shows build on subject knowledge year on year.

Children, staff and coaches show increasingly positive attitudes towards participating in physical activity and leading healthy lifestyles.

Lesson observations and pupil voice show high quality sequential development of teaching. Teachers demonstrate increased confidence in a broad range of sports.

Pupils leave All Souls' with the ability to swim a minimum of 25m unaided.

Pupils participate in regular engagement of physical activity beyond their usual timetabled lessons; including partaking of extra curricula activities in and out of school.

Regular communication recorded with local sporting bodies e.g., The Shepway Sports Trust, leading to accreditation of the Schools Games Mark.