

Sporting Success

Edition 4



After School Clubs
Term 1 and Term 2



There will be NO after school clubs running for Term 1 and 2.
We have many exciting clubs lined up for all children from Foundation through to Year 6!
We will advise you on how to book these once we are able to begin running clubs safely again.

Thank you for your patience and understanding.

Five to Thrive!

During the first Lockdown, PE coach, Joe Wicks, kept the nation active at home.

Now, he has been titled the first School's Ambassador for BBC Children in Need.

This year, Joe's theme is 'Five to Thrive', a programme based over five days, encouraging pupils to take time out of their day to complete a mindful activity.

We will be running these sessions each day in school, but, have also put links to the videos on the school website for you to access as a family at home!



Tag Day!

To support the fantastic work of Children in Need we will be holding a tag day on Friday 13th November 2020.

On this day children can come to school dressed in their own clothes or sports clothes.

At 9.05 AM each class will link up virtually to Joe Wick's 24-hour fundraising challenge to roar together with other schools across the country and spur him on.

We would be grateful for any donation you are able to make on this day, which we can send on to the Children in Need charities.
Thank you.

PE fact of the week!

If you didn't have valves in your veins, all of your blood in your body would literally fall downward when you stand up, filling up your feet and legs.

