



All Souls' Church of England Primary School

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Headteacher: Mrs Ransley
Deputy Headteacher: Mr Day



01.09.20

Dear Parents/Carers,

From now on learning about Relationships and Health Education is compulsory in all primary schools in England. For our children, learning will fall under two headings. Relationship Education and Health Education.

In Relationship Education we will look at:	In Health Education we will learn about:
Families and people who care for me Caring friendships Respectful relationships Online relationships Being Safe	Mental Wellbeing Internet safety and harms Physical health and fitness Healthy eating Drugs, alcohol and tobacco Health and prevention Basic first aid How my body changes as I grow

We evaluated a number of schemes to help us with this new learning and we felt that JIGSAW PSHE best met the needs of our whole school community. Themes are divided into teaching units that run throughout the school in each (new) term. These themes will be differentiated according to the age and stage of pupils.

Many aspects of this new curriculum have already been covered in Science or PSHE. Please do not worry that potentially delicate topics will be introduced too early to your children. The scheme was written by experts and will be delivered sensitively by your child's class teacher.

The rationale for making this learning statutory is to increase pupils understanding of keeping themselves safe and mentally healthy. At All Souls' we have taken a long time to select the resources we felt were the best for introducing this learning and will endeavour to give the children the opportunity to manage their academic, personal and social interactions in a safe, healthy and positive way.

Please find additional information for parents from Jigsaw attached.

If you have any questions, please don't hesitate to contact us.

Yours Sincerely,

Mrs Ransley



