



Bikeability@kent.gov.uk

Here at Kent County Council Bikeability Team we hope you are all keeping well during these uncertain times.

Even though we are unable to deliver Bikeability training at the moment, we are keen to keep your pupils' enthusiasm in cycling active. Therefore, we would encourage you to pass on the following links to your pupils, particularly those who have missed out on Bikeability training whilst the schools are closed.

We hope to reconnect with you in the near future and continue to offer your children the opportunity to get active, learn new skills, gain confidence and, above all, enjoy cycling.

Thank you and stay well 😊

www.bikeability.org.uk/support/school-resources/

<https://www.nhs.uk/change4life/activities/sports-and-activities/cycling>

<https://www.cyclinguk.org/article/how-cycle-your-family-during-coronavirus-crisis>