

How Big Is My Worry?

5	<p>EMERGENCY</p> <p>Fire, danger to yourself or others. You may need an ambulance or fire engine.</p>
4	<p>GIGANTIC PROBLEM</p> <p>Fighting, someone is hurt. You will need an adult to help you.</p>
3	<p>BIG PROBLEM</p> <p>Small accident (you may have fallen down), you may be bleeding, not feeling well. You will need an adult to help you.</p>
2	<p>MEDIUM PROBLEM</p> <p>Someone is bothering you, feeling tired or unwell, you need something. You could try to sort this out yourself or ask for help.</p>
1	<p>LITTLE PROBLEM</p> <p>Can't understand your work, lost something, falling out with your friend. You can try to sort this out yourself with a little reminder.</p>
0	<p>GLITCH</p> <p>Losing in a game, not being picked, you have forgotten something. You can fix this yourself!</p>  <p>The Children's Club</p>